



Borough of Manhattan Community College

# WEEKS OF Thanks

## November 11—December 1

### TREES OF THANKS

(In-person and via Padlet)

### SHOW YOUR APPRECIATION:

Add a Leaf to the Trees of Thanks



November 11-December 1, 2024  
199 Chambers Street, Main Campus  
3rd Floor (Between Rooms S-343 and S-350)

Stop by the Trees of Thanks to write thank you notes to the students, faculty, staff, family, tutors, mentors, or anyone else — friends, family, or colleagues — to show your appreciation and spread some joy in this season of giving thanks.

### MEALS ON WHEELS

November 14, 2024  
755 10th Avenue

Coalition Club and Conexiones are joining Citymeals on Wheels, a New York City organization that provides packed meals to homebound seniors

### POWER OF GRATITUDE

November 14 & 21, 2024  
199 Chambers Street, Main Campus  
3rd Floor (Next to the Counseling Center, Room: S-343)



### TABLING ACTIVITIES:

People who practice being grateful show significantly higher rates of happiness and psychological wellbeing. Join the Counseling Center in a creative way to practice gratitude.

### HOLIDAY CARD MAKING PARTY

November 19, 2024  
199 Chambers Street, Main Campus  
2nd Floor, Cafeteria

Coalition Club and Conexiones are hosting a Holiday Card Making Party to craft handmade cards for isolated older New Yorkers.

### FRIENDSGIVING

November 22, 2024  
11:30-4:00pm, Fiterman 1404



ISSO brings the world to BMCC, so wherever you are from, we welcome you at our Friendsgiving tables. Mingle with friends and join us for some international food, activities, and giving thanks

### GRATITUDE, PAINT & SIP

November 26, 2024  
199 Chambers Street, Main Campus  
Room: S-341

Unwind and express gratitude at our Paint & Sip: Celebrate Thankfulness through art! Show appreciation! Join us to make personalized thank-you cards for your favorite BMCC professors and staff