



Borough of Manhattan Community College
The City University of New York
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BOROUGH OF MANHATTAN COMMUNITY COLLEGE
The City University of New York
Curriculum Proposal
COURSE REVISION

- 1. Name of Department Health Education Department
- 2. Name and Number of course: HED 235 Nutrition for Health
- 3. This course is being withdrawn. (Go to 5)

4. Course revised. Check appropriate items.

- Change course number from ___ to ___
- Change course title from ___ to ___
- Change course hours from ___ to ___
- Change course credit from ___ to ___
- Change basic skills requirements from ___ to ___
- Change prerequisites from ___ to ___
- Change corequisites from ___ to ___

Change course description. Attach a copy of old and new description.

Other (Specify):

5. Reason(s) for change(s):

To update course description. The new description more clearly links diet to health. These details will provide more specificity for institutions to better assess course equivalency.

6. Date effective: December 2015

Signatures

1. [Signature] 9/16/15
Department Chairperson or Program Director Date

2. Alan 9/17/15
Scheduling Officer (Advised as to Course Code) Date

3. [Signature] 9/21/15
Dean of Academic Affairs (Advised as to format) Date

4. [Signature] 10/22/15
Chairperson of Curriculum Committee Date



Health Education

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HED 235: Nutrition for Health (3crs. 3hrs.)

Old Description

This course examines what people, advertising and science recommend for our nutritional needs. It tackles subjects such as supplements, dieting, health food, pregnancy and diet, diet foods, and the diet industry. The course is designed to help students make informed choices regarding their nutritional needs and goals.

New Description

This course examines what the National Academy of Sciences recommends for meeting one's nutritional needs. It examines the food, beverages, and supplements that comprise one's diet and assesses their impact on health following digestion, absorption, and metabolism. The course is designed to help students make health informed choices regarding nutritional needs and goals.



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BOROUGH OF MANHATTAN COMMUNITY COLLEGE
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 Curriculum Proposal
 COURSE REVISION

1. Name of Department Health Education Department
2. Name and Number of course: HED 201 Health Education and Wellness
3. This course is being withdrawn. (Go to 5)
4. Course revised. Check appropriate items.
 - Change course number from ___ to ___
 - Change course title from Health Education and Wellness to Health Education and Exercise
 - Change course hours from ___ to ___
 - Change course credit from ___ to ___
 - Change basic skills requirements from ___ to ___
 - Change prerequisites from ___ to ___
 - Change corequisites from ___ to ___
 - Change course description. Attach a copy of old and new description.
 - Other (Specify):
5. Reason(s) for change(s):
 To provide more specificity regarding the laboratory exercise activities. This will provide a more comprehensive description for institutions utilizing this information to assess course equivalency.

6. Date effective: December 2015

Signatures

1. [Signature] 9/16/15
 Department Chairperson or Program Director Date

2. Alan 9/17/15
 Scheduling Officer (Advised as to Course Code) Date

3. [Signature] 9/21/15
 Dean of Academic Affairs (Advised as to format) Date

4. [Signature] 9/22/15
 Chairperson of Curriculum Committee



Old Course Description: HED 201 Health Education and Wellness (3 crs. 4 hrs.)

This course is designed to develop positive health related attitudes, values, and habits. These traits will promote physical, mental, and social health and wellness. The student will attain a broad spectrum of health information and skills and then apply that knowledge and skill in a laboratory fitness program.

New Course Description: HED 201 Health Education and Exercise (3 crs. 4 hrs.)

This course will develop positive health related attitudes, values, and habits to promote physical, mental, and social wellness. The student will attain a broad spectrum of exercise information and skills and apply that knowledge and those skills in a laboratory fitness program, utilizing appropriate equipment to assess the function of muscular systems during physical performance. Individuals will explore the body's adaptations to aerobic, anaerobic and resistance training.

Health Education Department Meeting September 9, 2015

Present: Dr. Belcastro, Chairperson; Professors Aidiniou, Basile, Cousins, DeFillippo, Grace, Hansen, Hoepner, McGee, McNamara, Rennis, and Shneyderman Absent: Professor Torres

Minutes of the May 6 meeting were approved.

Announcements:

- Faculty are requested to sign up for spring early registration. Offer times you can do this.
- Please submit paperwork for the new semester.
- BMCC experts is a public relations initiative for the college. If you want to be listed, contact the public relations office.
- The administration/president's office has a new fund to reimburse publication expenses of up to \$500. Contact Helen Bach for more information.
- Attendance rosters are due today.
- Rosa Martinez job description is on the college assistant line, not the secretary line. She is not a secretary for faculty members, but an administrative employee for the department.
- Clery Campus Crime Act. All crimes committed on campus are to be reported to Public Safety with a cc: to the department chair. The Clery Act is a federal requirement.

Committee reports:

- Gerontology Advisement Template. In Professor Torres' absence this was tabled. It is unclear if the template is completed or if any students have registered for this major. Still to do in this program is the development of courses in HIV/AIDS and Aging, and Principles and Practices of Health Behaviors.
- Curriculum Committee update: Two course revisions were presented. HED 235 Nutrition was updated to more accurately reflect course content; and HED 201 Health Education and Exercise was also updated to more accurately label and describe the course. Both revisions were unanimously approved. (Revised syllabi are attached.)
- Research Committee: the subcommittee working on the assessment for HED 110 has compiled the questions for a comprehensive final using both Health and Wellness and Accessing Health texts, and focusing on the nine learning outcomes in the syllabus. The Research Committee is also going to do an analysis of the HED majors to assess retention. The new scantron machine can track data if faculty save them to a flash drive. These data can be used to determine how students perform on the comprehensive exam, and perform an overall assessment of the standardized exam.
- Instruction Committee: Dr. Grace reminded faculty that the department was hosting an Open House on Wednesday, September 16, to publicize our majors and meet and greet



students. All full time faculty are scheduled to attend the Open House. In addition, there will be a Health Jeopardy event on December 9.

Other business:

- Faculty are encouraged to be rigorous in student assessments and be prudent with their use of extra credit. Increasing numbers of students graduate from BMCC with a lot of extra credit and then fail when transferring to a four year school. To support our students, we are encouraged to foster student success through actual academic achievement.
- A proposal to institute credit for life experience from the BMCC Academic Senate was reviewed, and the sense of those present was to endorse the concept, with the expectation that we will develop measures for applying life credit to our courses/majors.
- There is a college wide discussion about honors courses/sections. Dr. Belcastro asked for consideration about whether or not these are viable in HED, and if so, if there would be a GPA requirement for students to participate.
- A proposal for a BMCC Distinguished Teaching Award was distributed for review and discussion. The sense of the group was to support the proposal.
- In the event of an absence, faculty are encouraged to provide as much advance notice as possible to Drs. Belcastro, Shneyderman, and McGee so they can attempt to secure coverage for the class.

The meeting was adjourned at 4:10.

Respectfully submitted,
Michael McGee

attachments